

THE REALMS OF QUANTUM CONSCIOUSNESS

by Patt O'Neill

The ten or so dimensions postulated by quantum physics have not been mapped, charted or otherwise defined as to their qualities. Certainly science has not addressed consciousness within these dimensions. But, fortunately, many non-scientists have done so. For millenia, shamans and mystics around the world have operated freely throughout these outer dimensions.

Across many traditions, there are commonalities of experience. Compiling these into a chart makes study of them more comprehensible to the Western mind. There are four distinct realms of consciousness. How these fall into the ten or so postulated dimensions of quantum physics has yet to be sorted out beyond the space/time continuum. We live in a very exciting time when quantum physics and metaphysics are synthesizing to form a nascent subject of study: [New Physics](#). Quantum physicists and metaphysicists have yet to come to any agreement; this probably will not happen until scientists get much further along in their process of experimentation and devise new technologies that will allow them to delve into the dimensions with their “scientific method” kind of quantifiable certainty. Very few of them even acknowledge that quantum physics has ramifications vis-a-vis human consciousness!

We are at the very beginning of a renaissance in the field of consciousness. Just as the great European Renaissance of 500 years ago was sparked by the rediscovery of Greek philosophy and logic, thus breaking the stranglehold of the Church and ending the Dark Ages, this new renaissance is being sparked by the rediscovery of ancient knowledge (knowledge held by shamans and mystics, safeguarded down the centuries) plus the paradigm-busting new field of quantum physics.

Visualize this chart as a pyramid, with the point at the top of pure potential, unmanifest, down to the solidity of space/time at the base. Just as you cannot separate the pyramid without destroying it, these realms cannot be separated from each other. You cannot remove the *up* from a room.

These are the quantum states of consciousness of shamans and mystics. They are realms that can be tuned into and for which markers can be established. The matter to knowledge ratio increases trigonometrically with each realm. Space/Time is very dense with matter and it is very labor-intensive to effect change there; whereas, in the Essential/Energetic, intention alone is sufficient.

In Western cultures the consensus is in Space/Time; we extol the logic of Aristotle (linear), the physics of Newton and the scientific philosophy of Descartes. If we cannot touch it, it isn't real -- if we can touch it, it *is* real. Thus we tend to confuse ourselves by believing that thoughts are things. To shamans and mystics, consensus is in the Essential/Energetic. They know very well how to separate out these realms, which realm they are in at any given time, and they can do it at will.

We begin with the realm just below the very tip of the pyramid and work down:

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NAME OF REALM	ACCESS TO REALM	EXISTENCE IN REALM	DESCRIPTION OF REALM
ESSENTIAL/ ENERGETIC ULTIMATE DIMENSION	<ul style="list-style-type: none"> • Language of realm is energy. • Wholistic and cosmic. • Level for cleansing imprints. • Realization of your purely energetic, formless, groundless basic nature. 	<ul style="list-style-type: none"> • No thing is. • Formlessness. • Unmanifest. • As one with all manifestation in lower dimensions. 	<ul style="list-style-type: none"> • Everything is one vast emptiness of white or gold. • Divine field of rapture. • Buddha-, Christ- or unity-consciousness. • “The eye with which I perceive God is the same eye which perceives me.” Thou art God.
DREAMTIME & THE SPIRIT WORLD ACTION DIMENSION	<ul style="list-style-type: none"> • Language of realm is imagery. • Visionary, mental. • Symbol and object are identical. • Level is deep and physiological. • Engaged practice of journey and visualization. 	<ul style="list-style-type: none"> • Everything is as it is and as it <i>might</i> be. • Everything is as it is both in both space/ time and the essential/energetic. • Inclusiveness. 	<ul style="list-style-type: none"> • Everything is archetypal. • Everything is part of a pattern in relationship with something else (even what seems to be chaos). • Everything is symbolic of something. • Symbols mean what you think they mean and you have to figure out meanings for yourself.
THOUGHTS & EMOTIONS HISTORICAL DIMENSION - B	<ul style="list-style-type: none"> • Language of realm is symbols. • The five imaginal senses. • Realm of energy healing and psychic phenomena. • The sixth sense (mental consc.) 	<ul style="list-style-type: none"> • Nothing is <i>only</i> as it appears. 	<ul style="list-style-type: none"> • Everything is connected (morphic fields). • Superstrings; field of primordial stuff. • Existence is cyclic, no beginning or end. • Time is synchronous.
SPACE/TIME HISTORICAL DIMENSION - A	<ul style="list-style-type: none"> • Language is spoken, verbal. • Cold, calculating. • Is-ness of what is perceived. • The five physical senses. 	<ul style="list-style-type: none"> • Everything is as it appears to be. • Exclusiveness. 	<ul style="list-style-type: none"> • Everything is separate from everything else. • Everything has a beginning and an end. • Linear time, linear logic, linear causation.

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It must be stressed that these are not levels. They only appear to be levels when placed in the chart as they are rendered into space/time. They are dimensions of existence. Just as you cannot take the water out of a wave, you cannot separate out any of these dimensions from your existence. You can parse this existence to try to analyze and understand it better, but by doing so it is rendered relative. There is no Absolute Truth in the diagram above, merely the best relative truth I can give you from my own connection to and understanding of the Absolute Truth of this.

That said, you already hold the Absolute Truth. It dwells deep within you and speaks with a very quiet voice. If this chart can help point the way for you to that source of the Absolute within you, then it will have met success.

An easy way to understand this is to sit and go within. Quiet your mind with deep cleansing breaths. Feel and imagine that you are a wave in the ocean, you have a beginning and an end, a birth and a death, you have height and depth, sometimes you are warm and sometimes you are cool.

At the same time that you are a wave, move into the consciousness that you are also the water, the very water that composes the ocean upon whose surface you now ride as a wave. You are the wave and you are the water at the same time. When you cease to be a wave, you will still be water and will continue to be water eternally, even when you become another wave. The wave is formed from the energy generated by forces working upon the ocean.

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