

# THE REALMS OF QUANTUM CONSCIOUSNESS

by Patt O'Neill

The ten or so dimensions postulated by quantum physics have not been mapped, charted or otherwise defined as to their qualities. Certainly science has not addressed consciousness within these dimensions. But, fortunately, many non-scientists have done so. For millenia, shamans and mystics around the world have operated freely throughout these outer dimensions.

Across many traditions, there are commonalities of experience. Compiling these into a chart makes study of them more comprehensible to the Western mind. There are four distinct realms of consciousness. How these fall into the ten or so postulated dimensions of quantum physics has yet to be sorted out beyond the space/time continuum. We live in a very exciting time when quantum physics and metaphysics are synthesizing to form a nascent subject of study: [New Physics](#). Quantum physicists and metaphysicists have yet to come to any agreement; this probably will not happen until scientists get much further along in their process of experimentation and devise new technologies that will allow them to delve into the dimensions with their “scientific method” kind of quantifiable certainty. Very few of them even acknowledge that quantum physics has ramifications vis-a-vis human consciousness!

We are at the very beginning of a renaissance in the field of consciousness. Just as the great European Renaissance of 500 years ago was sparked by the rediscovery of Greek philosophy and logic, thus breaking the stranglehold of the Church and ending the Dark Ages, this new renaissance is being sparked by the rediscovery of ancient knowledge (knowledge held by shamans and mystics, safeguarded down the millennia) plus the paradigm-busting new field of quantum physics.

Visualize this chart as a pyramid, with the point at the top of pure potential, unmanifest, down to the solidity of space/time at the base. Just as you cannot separate a pyramid without destroying it, these realms cannot be separated from each other. You cannot remove the *up* from a room.

These are the quantum states of consciousness of shamans and mystics. They are realms that can be tuned in and for which markers can be established. The density-to-knowledge ratio increases trigonometrically with each realm. Space/Time is dense with matter and it is very labor-intensive to effect change there; whereas, in the Essential/Energetic, intention alone is sufficient.

In Western cultures the consensus is in Space/Time; people extol the logic of Aristotle (linear), the physics of Newton and the scientific philosophy of Descartes. They tend to confuse ourselves by believing that thoughts are physical things (*i.e.*, the institution of marriage). To shamans and mystics, consensus is in the Essential/Energetic; we know very well how to separate out these realms, which realm we are in at any given time, and we can do it at will.

Just as a pyramid becomes larger towards the base, so existence becomes more complex and variable as we descend into “solid” reality. Let's begin with the realm at the very tip of the pyramid and work down:

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Words in *red* are defined on pages 3 and 4 of this document.

NAME OF REALM	ACCESS TO REALM	EXISTENCE IN REALM	DESCRIPTION OF REALM
ESSENTIAL / ENERGETIC  ULTIMATE DIMENSION	<ul style="list-style-type: none"> <li>• Language of realm is energy.</li> <li>• Wholistic and cosmic.</li> <li>• Level for cleansing <b>imprints</b>.</li> <li>• Realization of your purely energetic, formless, groundless basic nature.</li> </ul>	<ul style="list-style-type: none"> <li>• No thing is.</li> <li>• Formlessness.</li> <li>• Unmanifest.</li> <li>• As one with all manifestation in lower dimensions.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is one vast emptiness of white or gold.</li> <li>• Divine field of rapture.</li> <li>• Buddha-, Christ- or unity-consciousness.</li> <li>• “The eye with which I perceive God is the same eye which perceives me.” Thou art God.</li> </ul>
<b>DREAMTIME</b> & THE SPIRIT WORLD  ACTION DIMENSION	<ul style="list-style-type: none"> <li>• Language of realm is imagery.</li> <li>• Visionary, mental.</li> <li>• Symbol and object are identical.</li> <li>• Level is deep and physiological.</li> <li>• Engaged practice of journey and visualization.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is as it is and as it <i>might</i> be.</li> <li>• Everything is as it is in both space/ time and the essential/energetic.</li> <li>• Inclusiveness.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is <b>archetypal</b>.</li> <li>• Everything is part of a pattern in relationship with something else (even what seems to be <b>chaos</b>).</li> <li>• Everything is symbolic of something.</li> <li>• Symbols mean what you think they mean and you have to figure out meanings for yourself.</li> </ul>
THOUGHTS & EMOTIONS  HISTORICAL DIMENSION - B	<ul style="list-style-type: none"> <li>• Language of realm is symbols.</li> <li>• The five <b>imaginal senses</b>.</li> <li>• Realm of energy healing and psychic phenomena.</li> <li>• The sixth sense (mental consc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Nothing is <i>only</i> as it appears.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is connected (<b>morphic fields</b>).</li> <li>• Superstrings; field of primordial stuff.</li> <li>• Existence is cyclic, no beginning or end.</li> <li>• Time is synchronous.</li> </ul>
SPACE/TIME  HISTORICAL DIMENSION - A	<ul style="list-style-type: none"> <li>• Language is spoken, verbal.</li> <li>• Cold, calculating.</li> <li>• Is-ness of what is perceived.</li> <li>• The five physical senses.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is as it appears to be.</li> <li>• Exclusiveness.</li> </ul>	<ul style="list-style-type: none"> <li>• Everything is separate from everything else.</li> <li>• Everything has a beginning and an end.</li> <li>• Linear time, linear logic, linear causation.</li> </ul>

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It must be stressed that these are not levels. They only appear to be levels when placed in the chart as they are rendered into space/ time. They are dimensions of existence. Just as you cannot take the water out of a wave, you cannot separate out any of these dimensions from your existence. You can parse this existence to try to analyze and understand it better, but by doing so it is rendered relative. There is no Absolute Truth in the diagram above, merely the best relative truth I can give you from my own connection to and understanding of the Absolute Truth of this.

That said, you already hold the Absolute Truth. It dwells deep within you and speaks with a very quiet voice. If this chart can help point the way for you to that source of the Absolute within you, then it will have met success.

An easy way to understand this is to sit and go within. Quiet your mind with deep cleansing breaths. Feel and imagine that you are a wave in the ocean, you have a beginning and an end, a birth and a death, you have height and depth, sometimes you are warm and sometimes you are cool.

At the same time that you are a wave, move into the consciousness that you are also the water, the very water that composes the ocean upon whose surface you now ride as a wave. You are the wave and you are the water at the same time. When you cease to be a wave, you will still be water and will continue to be water eternally, even when you become another wave. The wave is formed from the energy generated by forces working upon the ocean.

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*P.S. - My apologies to those who downloaded a copy of this in the past because the links did not work. The word-processing software used to create this page did not accept the # code used to designate a named link, which works perfectly in an html document. This is now fixed.*

## ***Definitions of terms highlighted in chart on preceding page.***

**ARCHETYPAL:** Of or pertaining to archetypes. There are two kinds: (1) Unconscious archetypes are elementary, or ground, ideas. Carl Jung formulated these as archetypes of the unconscious. Jung's archetypes were collective and biological in origin, manifestations of the body organs and their powers. These archetypes come out of cultural experience; *i.e.*, hunting cultures will not develop agricultural archetypes. (2) The personal Freudian unconscious is biographical and its archetypes come out of repressed personal traumatic experiences. In Jungian psychology, an inherited pattern of thought or symbolic imagery derived from the past collective experience and present in the individual unconscious.

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**CHAOS:** Typically (and erroneously) referred to as unpredictability. The word χάος did not mean "disorder" in classical-period ancient Greece. It meant "the primal emptiness, space." Due to people's misunderstanding of early Christian uses of the word, the meaning of the changed to "disorder." Chaos in physics is often considered analogous to thermodynamic entropy. Source: Wikipedia

**DREAMTIME:** There is a universal and psychic consciousness to every living thing and to the earth and primary elements, forces, and principles. Each component of creation acts out of dreams, desires, attractions, and repulsions. Therefore, the entrance into the larger world of space, time, and universal energies and fields is the same as the entrance into the inner world of consciousness and dreaming. The exploration of the vast universe and a knowledge of the meaning of creation is experienced through an internal and external knowledge of self.

**IMAGINAL SENSES:** The Chumash of California have what they call *Chumash X-ray*, an ability to see the body's energy field and to use this perception for healing. They say that we Westerners have lost five of our ten senses, being aware of only the five physical senses of touch, taste, sight, hearing and feeling. The other five senses are in the realm of thought and emotion and are deemed imaginal senses. They are: (1) *Sense of self-healing: when you cut yourself, the body heals. It is possible to recognize when you are healing yourself and the emotional release that accompanies it.* (2) *Sense of self-destruction: if you always create problems for yourself, you will break yourself down and cause wars, illnesses, etc. This sense can overcome you during bouts of depression and the "dark night of the soul."* (3) *Sense of penetration: able to penetrate other dimensions, other levels, other worlds. This is when you notice synchronicities, archetypal behaviors, intuition.* (4) *Sense of perception: to be able to see and understand what you are perceiving in those other worlds. The ability to perceive normal events as extraordinary.* (5) *Sense of revelation: to be able to use what you have perceived because it has been revealed to you. The ability to bring your intuition into the physical realm.* Source: *The Eagle's Quest*, by Fred Alan Wolf, pp. 162-163.

**IMPRINTS:** Like the image left by a rubber stamp, the energy fields around our bodies carries the energetic patterns of traumatic experiences, waiting like land mines, to be triggered by circumstance and then release their stored energy into the physical body, causing illness and/or emotional upset.

**MORPHIC FIELDS:** A pattern that governs the development of form, structure and arrangement. A mode of transmission of shared informational patterns and archetypes. A morphic field might provide an explanation for the concept of collective unconscious. Morphic fields are defined as the universal database for both organic (living) and abstract (mental) forms.